## **ANNOUNCEMENTS**

## **TLEFC Quarterly Meeting**

This morning at 11:30.

We will discuss new church business and vote on the following, New Members: Rosie Obukowicz, Mark Stigler, and Sherri Stigler.

Nominating Committee: Laurie Kirby and Nancy Long.

## **Northwoods Share Dinner**

TLEFC will sponsor the Northwoods Share Dinner at the Rock Missions Center in Eagle River on Tuesday, March 5 at 4:00. We are looking for volunteers to help serve and visit with people. Call the church office at 715–546–2000 if you are available to help.

## **Church Rummage Sale**

Save the date and your gently used clean items for our church Rummage Sale on May 24/25. We'll need volunteers, too! Watch for more info in the next month.



**This Week's Verse** 

...we must obey God rather then men.

~Acts 5:29

## <u>Membership</u>

Interested in becoming a member at TLEFC or just want to learn more about what membership entails? Pastor Tim would love to sit down with you to help you learn more about membership and the next steps towards becoming a member.

### Give

To give to the ministry of TLEFC, offerings can be placed in the boxes at the back of the sanctuary, or you can give online at tlefc.org/give. You can also give online by scanning the QR code on the right.

## Ian Stewart

Youth and Family Pastor pastorian@tlefc.org

## Tim Beyer

Senior Pastor
pastortim@tlefc.org

## **Todays Volunteers**

Building Steward: Bill L. Nursery: Nafziger Family Ushers: Glenn S. & John W. Welcome Table: Patty K.

Welcome Ministry: Don ℰ Nina L.

## Sunday, March 10

Eric G. Stauffer Family Chuck B. & Scott E. Cindy P. Bob & Melissa W.

## THREE LAKES EVANGELICAL FREE CHURCH SUNDAY • MARCH 3, 2024

CONSIDERING A NEGLECTED

# THEN THEY WILL FAST

Practice of Jesus

TLEFC.ORG INFO@TLEFC.ORG

## THREE LAKES EVANGELICAL FREE CHURCH

We are a community that strives to **REACH** people with the gospel of Jesus Christ, **GROW** to be like Christ, and **SERVE** others.

## Matthew 6:16-18

16 "And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. 17 But when you fast, comb your hair and wash your face. 18 Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

## Matthew 9:14-17

14 One day the disciples of John the Baptist came to Jesus and asked him, "Why don't your disciples fast like we do and the Pharisees do?"

15 Jesus replied, "Do wedding guests mourn while celebrating with the groom? Of course not. But someday the groom will be taken away from them, and then they will fast.

16 "Besides, who would patch old clothing with new cloth? For the new patch would shrink and rip away from the old cloth, leaving an even bigger tear than before.

17 "And no one puts new wine into old wineskins. For the old skins would burst from the pressure, spilling the wine and ruining the skins. New wine is stored in new wineskins so that both are preserved."

## 1 Corinthians 6:14-15

14 By his power God raised the Lord from the dead, and he will raise us also. 15 Do you not know that your bodies are members of Christ himself?

## CONSIDERING A NEGLECTED



## Practice of Jesus

Jesus assumes his followers will fast, so we should carefully consider what integrating fasting into our life looks like.

- Matthew 6:16 When you fast
- Matthew 9:15 Then they will fast

2 reasons discussing fasting can be challenging:

- 1. The Bible assumes we will fast, but doesn't give a lot of direct instruction about how, when, or why to fast.
- 2. Fasting can very easily become something that we do legalistically in order to either:

a.earn God's forgiveness b.force God's hand into blessing us.

We fast because we are embodied, sinful, and dependent image-bearers of God.

## We fast because we are embodied:

Fasting is a way for our bodies to join with our hearts and minds so that our whole being is expressing our brokenness over sin and our dependence on God